

Dance by:

John and Mabel Roach
1015 Ford Ave N.
Glencoe MN 55336
Phone 612-864-4952

4-U (Waltz)

Record: Hi-Hat 975 "Just for You" flip "Do Do Disco" Del Kacher Band
Footwork: Same except where noted.
Position: Intro: OP Fcg Part A: Shadow Vars. Part B: Bfly.
Tag: Shadow Vars.

INTRO

Meas:

1-4 Wait; Wait; Sd Cantor (Trans); Sd Cantor;
In OP wait 2 meas;; Stp Sd L, Draw R, Cl R to L (W stp Sd R,
pivoting R fc to shad pos, Tch L) Footwork now the same;
Sd cantor;

PART A

1-4 Box;; Shadow Vine; Thru, Sd, Cl;
In shadow vars pos waltz box;; Shadow vine L,R,L, Stp thru
R to fc wall, Sd L, Cl R to L;
5-8 Rev Box;; Shadow Vine; Thru, Sd, Cl;
Stp Bk L to start Rev Box;; Shadow vine L,R,L; Thru, Sd L,
Cl R to L, (Start blending for the next meas to twinkle);
9-12 Twinkle; Twinkle; Cantor (Trans); Cantor;
Still in shad vars Twinkl to RLOD; Twinkl to LOD end fcg wall;
M does Sd Cantor releasing W hands (W does L fc pivot, tch to
fc M); M does Sd Cantor (W fcg M does Sd Cantor) to cl pos
fcg wall footwork now opp;
13-16 Dip to Center; Manuv; Waltz Turn; Waltz Turn; (end Bfly)

PART B

17-20 Waltz Away; Waltz Tog; Bal L; Bal R;
Waltz diag away L,R,L; Waltz tog R,L,R; In Bfly Bal L and R;;
21-24 Waltz Away; Waltz Tog; Sd Cantor (Trans); Sd Cantor;
Repeat meas 17-18;; Sd Cantor (W stp Sd R pivoting R Fc to
wall tch L to R to Shad Vars Pos); Sd Cantor;
25-28 Ind Lft Turning Box;:::
Fwd L to fc LOD, Sd R, Cl L; Bk R to Fc COH, Sd L, Cl R; Fwd
L to fc RLOD, Sd R, Cl L; Bk R to fc wall, Sd L, Cl R; (to Shad
Vars)
29-32 Vine; Vine; Sd Cantor; Sd Cantor;
Vine to LOD L,R,L; Vine to RLOD R,L,R; Sd L, Draw R, Cl R to L;
Sd L, Draw R, Cl R to L;
1-16 Repeat A
17-32 Repeat B

TAG

1-2+ Bal L; Bal R; Do a SSBH
In shad vars Bal L and R;; There follows 3 distinct down scale
beats during which M keeping hold of both W hands slowly drops
arms from shad vars to put arms around W waist from behind.
This is a Sneaky Snuggy Bear Hug.

Note: I would suggest you slow music slightly, possibly to 43 or 44
RPMs. Enjoy.